


# Water Saving-Bathroom

## Junior River Ranger Activity




**1** Turning taps off when cleaning your teeth for 2 minutes can save **12 litres** of water. Every time you do this= 



**2** Follow the 3 P rule- only paper, pee, and poo down the loo. Avoid flushing cotton wool, nappies, wipes, and sanitary products down the toilet, as these cause blockages and can end up in our rivers, place in a bin instead saving **12 litres**.



Every time you do this= 


**3** You could save up to **5000 litres** a year by simply installing a water saving device in your toilet such as cistern displacement device (CDD). Once in place, this could save **1 litre** of water per flush.

Every time you flush with a water saving device (including dual flush)= 

**4** The average person spends 7 minutes in the shower. Time yourself in the shower, can you shower in less than 4 minutes?




This could save up to **40 litres of water**.

Every time you do this= 

**Skip a day of showering or bathing and add an extra 2 Happy Water Droplets** 

**5** The average bath holds 80 litres of water, why not only fill the bath half way? This could save up to **40 litres** of water.

Every time you do this= 



Top Tip-Check out if your water company is providing any free or discounted water saving devices to install at home.











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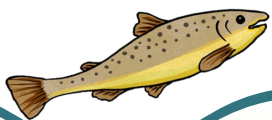
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Across one week, record your bathroom water saving actions in the table below, commit to at least two actions. How many Happy Water Droplets can you save in total?

Day	Action	Happy Water Droplets Saved
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		
<b>Total</b>		

The average person in England uses 141 litres of water per day. Can you imagine that as 141, 1 litre bottles of water?



At home, we use the most amount of water in the bathroom (57%),

The more water saving actions you complete the more Happy Water Droplets you can collect.

