


Water Saving-Kitchen

Junior River Ranger Activity





1 Water houseplants or the garden with any leftover water from glasses or cooking Every time you do this= 





2 The washing machine uses **50 litres** of water per cycle. Save water by only running the washing machine when you have a full load, and set to eco 30°C. Check the manufacturing guide for your most efficient washing machine setting.




Every time you do this =  

3 A dishwasher uses **14 litres** of water per cycle. This is the most efficient way to wash dishes if used on a full load, and if you avoid pre-rinsing dishes, just scrape and place. If you don't have a dishwasher, washing dishes in a washing-up bowl rather than under a running tap can save up to **50%** of water used.




Every time you use a washing-up bowl or run a full loaded dishwasher=  

4 Cover your pans of water when cooking and only fill the kettle to the amount you need. This will save water, energy and make cooking quicker!

Every time you do this= 

5 Place a bottle of tap water in the fridge to keep cool. By not running the tap until cold could save **6 litres**.

Every time you do this= 

Try airing your clothes outdoors and re-wearing before washing and add an extra 2 Happy Water Droplets 

Top Tip-Some of these actions may require an adults help, work together at home to complete the tasks and save as much water as possible as a team.



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Across one week, record your kitchen water saving actions in the table below, commit to at least two actions. How many Happy Water Droplets can you save in total?

Day	Action	Happy Water Droplets Saved
Monday		
Tuesday		
Wednesday		
Thursday		
Friday		
Saturday		
Sunday		
Total		

The average person in England uses 141 litres of water per day. Can you imagine that as 141, 1 litre bottles of water?



These behaviour changes save water, energy, and money on bills at home.

The more water saving actions you complete the more Happy Water Droplets you can collect.

